

SWEET POTATO

Sweet potato. A naturally sweet vegetable



Did you know that...?

Sweet potatoes contain fibre that plays a very important role in our body. One of the most important functions of fibre is to support the functioning of the **digestive system**.



Benefits

It also has **more nutrients** than a potato, lowers blood pressure and, thanks to potassium, helps to control the **body's electrolyte balance**.



Properties

Dried sweet potato

1

100% natural

2

intense aroma

3

microbiologically clean

4

high levels of nutritional value

5

natural look and taste

6

gluten free



Application, among others:



Ready meals



Baby food



Snacks



Dairy products



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